

Registration Form

CERVICAL SPINE AND LUMBAR SPINE (PLEASE PRINT CLEARLY):
The information provided will be used to prepare the participant roster and certificates.

NAME: _____
PROFESSION: _____
HOME ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
HOME PHONE: _____
WORK ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
WORK PHONE: _____
E-MAIL ADDRESS: _____
LICENSE # / STATE: _____

I WILL BE ATTENDING:

- SATURDAY, SEPTEMBER 18, 2010 (\$229)
- SUNDAY, SEPTEMBER 19, 2010 (\$229)
- SATURDAY & SUNDAY, SEPTEMBER 18-19, 2010 (\$369 both days)

MAKE CHECK PAYABLE TO AND MAIL TO:
HEALTHCARE PROFESSIONS SEMINARS, LLC
P.O. BOX 938 • WEST END, NC 27376
PHONE/FAX: 910-400-5093

CREDIT CARDS ACCEPTED: (CHECK APPROPRIATE BOX)

- MASTERCARD – CVN #: _____ (last 3 digit # on back of card)
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- DISCOVER – CVN #: _____ (last 3 digit # on back of card)

NAME: _____
AS APPEARS ON CARD

SIGNATURE: _____

CREDIT CARD #: _____

EXPIRATION DATE: _____

ON-LINE REGISTRATION: www.healthcareprofessionsseminars.com



For Additional Information Please Contact:
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P.O. BOX 938 • WEST END, NC 27376

Evidence-based Examination and Intervention of the Cervical & Lumbar Spine: A Fast and Frugal Approach

UNIVERSITY OF PITTSBURGH
PITTSBURGH, PA

SEPTEMBER 18-19, 2010

FACULTY:

DR. ERIC J. HEGEDUS PT, MHS_c, OCS, CSCS

DR. CHAD COOK PhD, MBA, OCS, FAAOMPT

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*“Dedicated to Delivering Multidisciplinary,
Scientifically Based Continuing Education.”*

Agenda

SATURDAY SEPTEMBER 18, 2010

DR. ERIC J. HEGEDUS: CERVICAL SPINE

- 7:30 Registration
- 8:00 Pathologies of the cervical spine
- 9:45 Break
- 10:00 Examination of the cervical spine
- 12:00 Lunch on your own
- 1:00 Treatment-based classification
- 3:00 Break
- 3:15 Interventions
- 4:30 Questions & Discussion
- 5:00 Adjourn

SUNDAY SEPTEMBER 19, 2010

DR. CHAD COOK: LUMBAR SPINE

- 7:30 Registration
- 8:00 Examination Principles and Sequence
- 8:30 The Lumbar Spine Examination (Ruling Out and Ruling In)
- 9:45 Break
- 10:00 The Treatment Based, Pathoanatomical Classification (and why it is important)
- 11:00 Stabilization Treatment
- 12:00 Lunch on your own
- 1:00 Mobilization and Manipulation
- 2:15 Break
- 2:30 Specific Exercises
- 3:30 Traction
- 4:00 Cases
- 5:00 Adjourn

Objectives

Upon completion of the course the participant will be able to:

1. Rule out sinister phenomena of the cervical and lumbar spine
2. Perform a patient-centered, patient-response based examination
3. Identify the placement of patients into the correct treatment-based classification
4. Identify the highest level of evidence interventions
5. Apply appropriate treatments in a laboratory based setting

Faculty

Dr. Eric J Hegedus has had a rewarding 19-year career as a leader and innovator in physical therapist education, research, and clinical practice. Currently an Associate Professor in Duke's Doctor of Physical Therapy Division, Dr Hegedus also is founder and CEO of Targeted Enhancement of Athletic Movement (TEAM). TEAM is a community-based health and wellness program designed to improve athletic performance and prevent injury. In addition to directing TEAM, Dr. Hegedus directs and teaches in the Musculoskeletal Practice Management series of courses, is a productive author with 20 peer reviewed PubMed articles, a book chapter on manual therapy of the shoulder, and a textbook entitled, "Orthopedic Physical Examination Tests: An Evidence-Based Approach", and is a noted national speaker. Further, he is a four-time winner of the "Excellence in Teaching" award at Duke University and a three-time nominee for Duke Medical Center's prestigious Master Clinician Educator Award.

Chad Cook, PhD, MBA, OCS, FAAOMPT is a Professor and Chair of the Department of Physical Therapy at Walsh University. He is also a consulting professor at Duke University. Dr. Cook received his Bachelors of Science in Physical Therapy at Maryville University in 1990, a Masters of Business Administration in 1999, and a Doctorate of Philosophy (PhD) at Texas Tech University in 2003. He was certified as an orthopedic manual therapist in 2001, obtained fellowship status with AAOMPT in 2007, and is an APTA board certified orthopedic specialist (2002). Dr. Cook has published over 105 peer reviewed research papers in journals such as Arthritis and Rheumatism, Manual Therapy, Spine, Journal of Orthopedic Trauma, Journal of Orthopedic Research, JBJS, Spine J, Pain Practice, Journal of Vascular Surgery, and Physical Therapy. He has two published textbooks Orthopedic Manual Therapy: An Evidence Based Approach, and Orthopedic Physical Examination Tests: An Evidence Based Approach as well as book chapters and orthopedic monographs. He is currently the Editor in Chief of the Journal of Manual and Manipulative Therapy. Dr. Cook has presented multiple platform or poster presentations at national and international conferences, and has presented over 120 educational courses within the United States. He has been a senior faculty and lecturer in peripheral and spine joint mobilization with Maitland Australian Physiotherapy Seminars for over eight years. Dr. Cook is a recent winner of the OOTP/JMMT literature review award in 2003 and 2005, and is the 2005 winner of the J Warren Perry Distinguished Authorship Award and a three time winner of Duke Universities Physical Therapy teaching award. He is also the winner of the 2009 APTA Baethke-Carlin award for teaching. Dr. Cook is actively involved in research concerning the effects of spine abnormalities, outcome assessment, chronic pain, and investigation of the associated characteristics of spine instability.

Credits

Application has been made for participants to receive a certificate at the completion of the seminar for 15 hours. Application has been made to PA, OH, and WV. The approval board/association has the final decision on calculation of the credit hours. Please continue to visit our website at www.healthcareprofessionsseminar.com for updates including approval.

Registration Information

NUMBER OF PARTICIPANTS WILL BE LIMITED.

Registration fee: \$369 (both days) and \$229 (1 day)

Deadline for receiving registration: September 9, 2010.

Confirmation & Cancellations

Confirmations of registration are sent via e-mail, fax, or letter from our office. Detail information including further details for the course, parking, directions, etc. will be included in your confirmation. Also, please continue to visit our website @ www.healthcareprofessionsseminars.com for updated information concerning approval, directions, hotel information, etc. If you do not receive a confirmation within seven days of the seminar, please call our office at 910-400-5093 or 423-552-1434 to confirm registration. **Cancellations** or requests for refunds must be submitted in writing and postmarked by September 9, 2010 for New York, NY. Requests for refunds made before September 9, 2010 will be subject to a \$35 administration fee. Requests for refunds made on or after September 9, 2010 are non-refundable. Payments made for group discounts are non-refundable but will gladly accept replacement participants. Healthcare Professions Seminars, LLC reserves the right to cancel a seminar and will refund in full the registration fee only. HPS is not responsible for non-refundable airfare.

Accommodations

SEMINAR SITE: University of Pittsburgh • 4060 Forbes Tower

RESERVATIONS: Please visit our website for information on local area hotel reservations at www.healthcareprofessionsseminars.com.