

Registration Form

EVIDENCE BASED INTERVENTIONS FOR PERSONS WITH VESTIBULAR DISORDERS (PLEASE PRINT CLEARLY):

The information provided will be used to prepare the participant roster and certificates.

PARTICIPANT NAME: _____

PROFESSION: _____

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____

WORK ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

WORK PHONE: _____

E-MAIL ADDRESS: _____

LICENSE # / STATE: _____

I WILL BE ATTENDING:

SATURDAY & SUNDAY, AUGUST 28-29, 2010 (\$309)

MAKE CHECK PAYABLE TO AND MAIL TO:

HEALTHCARE PROFESSIONS SEMINARS, LLC

P.O. BOX 938 • WEST END, NC 27376

PHONE/FAX: 910-400-5093

CREDIT CARDS ACCEPTED: (CHECK APPROPRIATE BOX)

MASTERCARD – CVN #: _____ (last 3 digit # on back of card)

VISA – CVN #: _____ (last 3 digit # on back of card)

DISCOVER – CVN #: _____ (last 3 digit # on back of card)

NAME: _____

AS APPEARS ON CARD

SIGNATURE: _____

CREDIT CARD #: _____

EXPIRATION DATE: _____

ON-LINE REGISTRATION: www.healthcareprofessionsseminars.com



For Additional Information Please Contact:

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E-mail: hps@healthcareprofessionsseminars.com



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Evidence Based Interventions for Persons with Vestibular Disorders

FirstHealth
CENTERS FOR REHABILITATION

PINEHURST, NC

AUGUST 28-29, 2010

FACULTY:

DR. SUSAN L. WHITNEY
PT, DPT, PhD, NCS, ATC, FAPTA

SPONSORED BY



P.O. Box 938
West End, NC 27376
(910) 400-5093

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Please continue to visit our website for updated information.

“Dedicated to Delivering Multidisciplinary, Scientifically Based Continuing Education.”

Agenda

DAY 1: SATURDAY AUGUST 28, 2010

- 7:30** Registration
- 8:00** Anatomy, physiology, and lab testing for persons with vestibular disorders: How do lab results affect your intervention and clinical decision making?
- 10:00** Break
- 10:15** Differential diagnosis and practice of key clinical skills that can be used with patients presenting to the clinic with complaints of balance/dizziness/vertigo
- 12:00** Lunch break on your own
- 1:00** Examination of the person with a vestibular disorder: eye movements/tests of balance (Videos and lab practice)
- 3:00** Break
- 3:15** Evidence related to the performance of vestibular rehabilitation: How does it work, under what circumstances, and in which diagnostic group?
- 5:00** Adjourn

DAY 2: SUNDAY AUGUST 29, 2010

- 7:30** Registration
- 8:00** Interventions for the person with vestibular dysfunction: What exercises should be prescribed?
- 9:00** Diagnostic decision making for persons with vestibular disorders: Interaction with the instructor using typical cases
- 10:15** Differential diagnosis and practice of key clinical skills that can be used with patients presenting to the clinic with complaints of balance/dizziness/vertigo
- 10:30** Benign paroxysmal positional vertigo: Differential diagnosis and intervention for posterior, horizontal, and superior canal BPPV
- 12:00** Lunch break on your own
- 1:00** Videos and lab practice of the Dix-Hallpike, the cannalith repositioning maneuver, the roll test, the Brandt-Daroff exercise, the horizontal canal repositioning maneuver, the head thrust test, vibration induced nystagmus, extra ocular eye movements, and the head shake test.
- 3:00** Break
- 3:15** Evidence of the effectiveness of interventions for persons with BPPV and the latest evidence about post treatment instruction and the incidence of BPPV
- 5:00** Adjourn

Seminar Description

The goal of this program is to enhance the physical therapists ability to diagnosis, examine, and intervene using sound evidence in persons presenting with dizziness and/or balance disorders. Lab practice will be provided so that the practitioner has an opportunity to practice various skills commonly used when treating persons with vestibular dysfunction. All participants should be able to recognize the signs and symptoms of benign paroxysmal positional vertigo (BPPV) and should start to feel comfortable with the examination and intervention skills for persons presenting with vestibular dysfunction. Cases will be discussed related to diagnosis and management of persons with vestibular disorders.

Objectives

The goals of this presentation are to

1. Understand the anatomy and physiology of the vestibular system with its peripheral and central connections and to be able to differentiate peripheral from central vestibular dysfunction
2. Understand the various tools that are used to help make the medical diagnosis in persons with vestibular disorders
3. Discuss evidence based management interventions regarding vestibular disorders
4. Recognize horizontal and posterior canal BPPV and to be able to effectively treat the condition
5. Be able to apply, when needed, various examination skills that are necessary to successfully evaluate a person with a balance or vestibular disorder
6. Develop strategies of how to classify patients based on their functional impairments, i.e. balance disorders, dizziness, or balance plus dizziness dysfunction

Faculty

Susan L. Whitney, PT, DPT, PhD, NCS, ATC, FAPTA received her PhD in motor development/motor learning from the University of Pittsburgh and her professional physical therapy education from Temple University in Philadelphia, PA. She received her doctor of physical therapy from Massachusetts General Hospital Institute of the Health Professions. Currently, she is an associate professor in physical therapy in the School of Health and Rehabilitation Sciences and in the Department of Otolaryngology in the School of Medicine, University of Pittsburgh. She is the Program Director of the Centers for Rehab Services (CRS) Vestibular Rehabilitation Center at the University of Pittsburgh Medical Center. Dr. Whitney practices physical therapy one day a week for CRS. She currently studies the use of virtual reality for persons with vestibular dysfunction. She has published over 50 papers that are referenced on Medline and has written over 20 book chapters, primarily in the area of functional balance assessment and vestibular rehabilitation. She recently co-wrote a book entitled "Vestibular Disorders: A case study approach to diagnosis and treatment". She has clinically worked in out-patient and long-term care, acute care, and rehabilitation for the past 30 years. Dr. Whitney is past President of the Neurology Section of the American Physical Therapy Association and was a member of the BPPV guideline task force of the American Academy of Otolaryngology, Head and Neck Surgery.

Credits

Application has been made for participants to receive a certificate at the completion of the seminar for 15 contact hours. Application has been made to the North Carolina Physical Therapy Board/Association and the South Carolina Physical Therapy Board/Association. The board/association has the final decision upon the calculation of approved hours. Please visit our website at www.healthcareprofessionsseminars.com for updated information on approval status.

Registration Information

NUMBER OF PARTICIPANTS WILL BE LIMITED.

Target Audience: PT/PTA and OT/OTA

Registration fee: \$309

Deadline for receiving registration: August 19, 2010

Confirmation & Cancellations

Confirmations of registration are sent via e-mail, fax, or letter from our office approximately 2 weeks prior to the seminar. Detail information including further details for the course, parking, directions, etc. will be included in your confirmation. Also, please continue to visit our website @ www.healthcareprofessionsseminars.com for updated information concerning approval, directions, hotel information, etc. If you do not receive a confirmation within seven days of the seminar, please call our office at 910-400-5093 or 423-552-1434 to confirm registration. **Cancellations** or requests for refunds must be submitted in writing and postmarked by August 20, 2010. Requests for refunds made before August 20, 2010 will be subject to a \$35 administration fee. Requests for refunds made on or after August 20, 2010 are non-refundable. Payments made for group discounts are non-refundable but will gladly accept replacement participants. Healthcare Professions Seminars, LLC reserves the right to cancel a seminar and will refund in full the registration fee only. HPS is not responsible for non-refundable airfare.

Accommodations

SEMINAR SITE: FirstHealth Moore Regional Hospital Monroe Auditorium located in the Conference Center. • 170 Memorial Drive • Pinehurst, North Carolina 28374

RESERVATIONS: Please visit our website at www.healthcareprofessionsseminars.com for a list of local hotels.

DEADLINE FOR ROOM RESERVATION: Contact the hotel directly and mention Healthcare Professions Seminars, LLC / FirstHealth Centers for Rehab to receive the rates listed. Reservations and group rates will be confirmed on a space available basis and subject to change upon hotel discretion.