

Registration Form

COMPLEX OLDER ADULT PATIENTS ALONG THE CONTINUUM OF CARE: PROGRESSION TO WELLNESS

(PLEASE PRINT CLEARLY):

NAME: _____

PROFESSION: _____

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____

WORK ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

WORK PHONE: _____

E-MAIL ADDRESS: _____

LICENSE # / STATE: _____

I WILL BE ATTENDING :

SATURDAY, JUNE 26, 2010 (\$249)

MAKE CHECK PAYABLE TO AND MAIL TO:

HEALTHCARE PROFESSIONS SEMINARS, LLC
P.O. BOX 938 • WEST END, NC 27376
PHONE/FAX: 910-400-5093

CREDIT CARDS ACCEPTED: (CHECK APPROPRIATE BOX)

MASTERCARD – CVN #: _____ (last 3 digit # on back of card)

VISA – CVN #: _____ (last 3 digit # on back of card)

DISCOVER – CVN #: _____ (last 3 digit # on back of card)

NAME: _____

AS APPEARS ON CARD

SIGNATURE: _____

CREDIT CARD #: _____

EXPIRATION DATE: _____

ON-LINE REGISTRATION: www.healthcareprofessionsseminars.com



For Additional Information Please Contact:
HEALTHCARE PROFESSIONS SEMINARS, LLC
P.O. BOX 938 • WEST END, NC 27376
PHONE/FAX: 910-400-5093
www.healthcareprofessionsseminars.com
E-mail: hps@healthcareprofessionsseminars.com



P.O. BOX 938 • WEST END, NC 27376

Presort Standard
US Postage
PAID
Southern Pines, NC
Permit No. 39

Complex Older Adult Patients Along the Continuum of Care: Progression to Wellness

SWAN REHAB
PHOENIX, AZ
SATURDAY, JUNE 26, 2010

FACULTY:
DR. TIFFANY SHUBERT PhD, MPT

SPONSORED BY



P.O. Box 938
West End, NC 27376
(910) 400-5093
www.healthcareprofessionsseminars.com
e-mail: hps@healthcareprofessionsseminars.com

Please continue to visit our website for updated information.

*“Dedicated to Delivering Multidisciplinary,
Scientifically Based Continuing Education.”*

Agenda

SATURDAY, JUNE 26, 2010 - AZ

SATURDAY: DR. TIFFANY SHUBERT

- 7:30** Registration and Continental Breakfast
- 8:00** Physiology of Aging – Answers to why your interventions don't work
- 9:00** Motor Learning and Aging – Repetition is key
- 10:15** Break
- 10:30** Falls Prevention – Screening Tools and Effective Interventions
- 12:00** Lunch on your own
- 1:00** Falls Prevention – Why your interventions may not be working and what to do about it
- 3:00** Break
- 3:15** Introduction to Evidence-Based Health Promotion Programming – What is it and Why should you care?
- 4:15** Beyond Physical Therapy Goals – Developing continuity of care models for your geriatric patients
- 5:30** Adjournment

Course Preparation

To get the most out of this course, please prepare the following for case-based learning and discussion:

1. Bring in one to two example medication lists from your patients
2. Take an informal poll to determine how many of your patients have fallen in the past three months
3. Identify one to two patients who did not improve with therapy, bring enough details about the patients history and progression to discuss as a case for the seminar

Please attend to all HIPAA privacy laws.

Faculty

Tiffany Shubert, PhD, MPT is a physical therapist and research scientist with over 11 years of clinical experience. Tiffany has 7 years experience working as the head physical therapist at the UNC Geriatric Evaluation Clinic – a training clinic for geriatric fellows. In addition, she teaches introduction to geriatrics and advanced geriatric elective for UNC Division of Physical Therapy and geriatric functional assessment to third year medical students. Dr. Shubert's passion is developing better models of care for geriatric patients to facilitate an older adult's ability to age in place. She brings a wealth of expertise and innovative treatment plans for successfully working with the complex older adult patients. With her unique background of basic science, clinical experience, and experience developing continuity of care models with the community, she developed an exercise-based falls prevention intervention that is resulting in improved performance on cognitive and physical performance.

Seminar Description

Successful aging is generally defined as living a better, not necessarily longer, life. Research has shown that older adults can achieve this goal, but they need significantly more interventions and support to get there. Physical therapists can play an instrumental role in helping older adults achieve the three components of successful aging:

- 1) High physical and cognitive function;
- 2) High level of engagement and
- 3) Low level of chronic disease.

This course is designed to provide the learner with skills and strategies to utilize with their older adult patients to help them achieve these goals, regardless of the care setting. A thorough understanding of the variability of the aging process, the differences in motor learning between older and younger adults, and the importance of a continuum of care for best success will greatly enhance your practice and management of older adult patients. Much of the course will focus on falls prevention with our older patients as the tools necessary to evaluate and treat an older adult at risk for falls can easily be applied to any other chronic condition. This course is meant to be applied, and participants will be asked to share their clinical experiences and participate in group problem solving activities.

Participants will be able to objectively document techniques applied for billing and reimbursement.

Objectives

Upon completion, the learner will:

1. Identify the key components to brain reorganization post-stroke
2. Explain the role of task practice in brain reorganization
3. Describe how rehabilitation delivery can facilitate recovery
4. Understand the importance of addressing the cardiovascular system in post-stroke rehabilitation
5. Apply research evidence in upper extremity and gait recovery to your clinical practice
6. Utilize standardized assessments to develop treatment plans and establish patient-centered goals

Credits

Application has been made for 8 contact hours to be given at the completion of the seminar with the Arizona, New Mexico, and Texas Physical Therapy Association/Board. The approval board has the final decision on calculation of the credit hours.

Registration Information

NUMBER OF PARTICIPANTS WILL BE LIMITED.

Registration fee: \$249

Deadline for receiving registration: June 17, 2010

Confirmation & Cancellations

Confirmations of registration are sent via e-mail, fax, or letter from our office. Detail information including further details for the course, parking, directions, etc. will be included in your confirmation. Also, please continue to visit our website @ www.healthcareprofessionsseminars.com for updated information concerning approval, directions, hotel information, etc. If you do not receive a confirmation within seven days of the seminar, please call our office at 910-400-5093 or 423-552-1434 to confirm registration. Cancellations or requests for refunds must be submitted in writing and postmarked by June 18, 2010 for Phoenix, AZ. Requests for refunds made before June 18, 2010 (Phoenix, AZ) will be subject to a \$35 administration fee. Requests for refunds made on or after June 18, 2010 (Phoenix, AZ) are non-refundable. Payments made for group discounts are non-refundable but will gladly accept replacement participants.

Healthcare Professions Seminars, LLC reserves the right to cancel a seminar and will refund in full the registration fee only. HPS is not responsible for non-refundable airfare.

Accommodations

SEMINAR SITE:

June 26, 2010 Swan Rehab - Phoenix, AZ

ROOM RESERVATION:

Please visit Swan Rehab website @ www.swanrehab.com and go to housing for a list of local area hotels. Contact the hotel directly and mention the host facility (i.e. Swan Rehab) to receive the discounted rate. Reservations will be confirmed on a space available basis.