

# Registration Form

THERAPEUTIC TAPING FOR THE REHABILITATION PROFESSIONAL  
AN EVIDENCE-BASED APPROACH

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I WILL BE ATTENDING FIRSTHEALTH, PINEHURST, NC  
 SATURDAY, DECEMBER 5, 2009 (\$369)

**MAKE CHECK PAYABLE TO AND MAIL TO:**  
HEALTHCARE PROFESSIONS SEMINARS, LLC  
P.O. BOX 938 • WEST END, NC 27376  
PHONE/FAX: 910-400-5093

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ON-LINE REGISTRATION: [www.healthcareprofessionsseminars.com](http://www.healthcareprofessionsseminars.com)



For Additional Information Please Contact:  
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E-mail: [hps@healthcareprofessionsseminars.com](mailto:hps@healthcareprofessionsseminars.com)



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# THERAPEUTIC TAPING

## FOR THE REHABILITATION PROFESSIONAL:

### AN EVIDENCE-BASED APPROACH

*New Research Just Released*

**FirstHealth**  
CENTERS FOR REHABILITATION

**PINEHURST, NC**  
**SATURDAY, DECEMBER 5, 2009**

FACULTY:

**DR. SCOTT REZAC**  
PT, DPT, OCS, CSCS, CKTP  
**DR. DYANNA REZAC**  
PT, DPT, OCS, CSCS, CKTP, CEAS

SPONSORED BY



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West End, NC 27376  
(910) 400-5093  
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Please continue to visit our website for updated information.

*“Dedicated to Delivering Multidisciplinary,  
Scientifically Based Continuing Education.”*

# Agenda

**SATURDAY DECEMBER 5, 2009**

**SATURDAY: DR. SCOTT & DYANNA REZAC**

## THERPEUTIC TAPING

- 7:30** Registration and Continental Breakfast
- 8:00** Intro to Therapeutic Taping
- 8:30** Cervical Spine
- 9:45** Break
- 10:00** Shoulder Complex
- 11:00** Elbow, Hand, Wrist
- 12:00** Lunch on your own
- 1:00** Lumbar Spine & Pelvis
- 2:00** Hip & Knee
- 3:00** Break
- 3:15** Foot & Ankle
- 4:15** EBP, Billing, Documentation
- 5:00** Adjournment

## Seminar Description

Therapeutic taping has been used for over 100 years to improve function, reduce pain and prevent injury. This session will cover theory and practical application of proprioceptive taping based on current evidence utilizing techniques introduced by a variety of leaders in the fields of physical therapy and athletic training including McConnell, Mulligan, Kenso Kase (Kinesio®) and athletic taping. It will be all-inclusive for orthopedic, neurologic, pediatric and lymphedema conditions. Emphasis will be on clinical reasoning and critical thinking vs. cook-book approach. Included will be a discussion of billing and reimbursement. Please wear appropriate clothing as this session is primarily lab and will include taping for the entire spine and extremities.

## Objectives

Upon completion, the learner will:

1. Participants will be able to select appropriate patients for taping interventions relative to indications and contraindications.
2. Participants will be able to select and apply appropriate taping techniques based on patient presentation and functional limitations.
3. Participants will be able to assess efficacy of taping application objectively.
4. Participants will be able to discuss current evidence with regard to utilizing taping techniques.
5. Participants will be able to objectively document techniques applied for billing and reimbursement.

## Faculty

**Dr. Dyanna Haley-Rezac, PT, DPT, OCS, CSCS, CKTP,**

Dyanna graduated Cum Laude from West Virginia University with a Bachelor of Science in Exercise Physiology in 1998 and from Slippery Rock University in Pennsylvania in 2001 with her Doctor of Physical Therapy. In 2007, Dyanna received her Board Certification as an Orthopedic Specialist from the American Board of Physical Therapy Specialties. She is also a Certified Strength and Conditioning Specialist and Certified Kinesio Taping Practitioner. Dyanna is a co-owner of Rezac & Associates Physical Therapy, LLC in Colorado Springs, CO, is an Affiliate Faculty member at Regis University Doctor of Physical Therapy Program and is a guest lecturer and Advisory Board Member for Pima Medical Institute Physical Therapist Assistant Program in Denver. She is a member of the American Physical Therapy, National Strength and Conditioning Association and American Academy of Orthopedic Manual Physical Therapists.

**Dr. Scott Rezac, PT, DPT, OCS, CSCS, CKTP, CEAS,**

Scott graduated with his Bachelor of Science in Kinesiology and Health Promotion from California State Fullerton in 1998 and his Doctor of Physical Therapy in 2001 from University of Southern California. He received his Board Certification as an Orthopedic Specialist from the American Board of Physical Therapy Specialties in 2006. He is also a Certified Strength and Conditioning Specialist, Certified Kinesio Taping Practitioner and a Certified Ergonomics Assessment Specialist. Scott is a co-owner of Rezac & Associates Physical Therapy, LLC in Colorado Springs, CO and is a guest lecturer and Advisory Board Member for Pima Medical Institute Physical Therapist Assistant Program in Denver. He is a member of the American Physical Therapy, National Strength and Conditioning Association and American Academy of Orthopedic Manual Physical Therapists.

## Credits

Application has been made for participants to receive a certificate for 7 contact hours. This seminar has been recently approved in Colorado and the North Carolina Physical Therapy Board recognizes seminars approved by other state boards. Application has been made to NC Board for Occupational Therapy.

## Registration Information

**NUMBER OF PARTICIPANTS WILL BE LIMITED. THIS IS A LAB COURSE AND ALL TAPING SUPPLIES WILL BE PROVIDED; HOWEVER, YOU WILL NEED TO BRING YOUR OWN SCISSORS**

Recommended Audience: PT/PT and OT/OTA

Registration fee: \$369

Deadline for receiving registration: November 27, 2009

## Confirmation & Cancellations

**Confirmations** of registration are sent via e-mail, fax, or letter from our office. Detail information including further details for the course, parking, directions, etc. will be included in your confirmation. If you do not receive a confirmation within seven days of the seminar, please call our office at 910-400-5093 or 423-552-1434 to confirm registration. **Cancellations** or requests for refunds must be submitted in writing and postmarked prior to November 25, 2009. Requests for refunds made after November 25, 2009 and prior to the seminar, will be subject to a \$35 administration fee. Payments made for group discounts are non-refundable. Healthcare Professions Seminars, LLC reserves the right to cancel a seminar and will refund in full the registration fee only. HPS is not responsible for non-refundable airfare.

## Accommodations

**SEMINAR SITE:** FirstHealth Centers for Rehabilitation / Moore Rehab - Pinehurst; located within the FirstHealth Centers for Health & Fitness • 170 Memorial Drive • Pinehurst, North Carolina 28374

**HOTEL:** Please see list of hotel accommodations on the website @ [www.healthcareprofessionsseminars.com](http://www.healthcareprofessionsseminars.com)

**ROOM RATES:** Visit our website for rate charts for each hotel listed.

**DEADLINE FOR ROOM RESERVATION:** Contact the hotel directly and mention Healthcare Professions Seminars, LLC / FirstHealth Centers for Rehab to receive the rates listed. Reservations and group rates will be confirmed on a space available basis and subject to change upon hotel discretion.